

# A Guide to COMMON CAMPUS DRUGS

## MARIJUANA

Marijuana is a greenish-gray mixture of the dried, shredded leaves, stems, seeds, and flowers of the plant *Cannabis sativa*. It is typically smoked in hand-rolled cigarettes (joints), cigars (blunts), pipes, or water pipes (bongs). Marijuana is the most commonly abused illicit drug in the United States. Some of the health effects of marijuana use include: respiratory infections, impaired memory and learning, increased heart rate, anxiety, and panic attacks.

### Street names

Aunt Mary, BC bud, Boom, Chronic, Dope, Ganja, Gangster, Grass, Harsh, Herb, Kiff, Mary Jane, Pot, Reefer, Sinsemilla, Skunk, Weed

### College use

Nearly half (49.5 percent) of the U.S. college students surveyed in 2002 as part of the Monitoring the Future Study reported using marijuana at least once during their lifetimes. Approximately 35 percent (34.7 percent) of college students had used marijuana at least one time during the past year, and 19.7 percent were current users of marijuana (meaning they used marijuana at least once during the month prior to being surveyed).



Many people smoke marijuana in a hollowed-out cigar, or "blunt" (above). Others might use a pipe (below) or roll the dried leaves into a joint. A hemostat sometimes serves as a "roach clip," used to hold the joint and protect the fingers.



## MDMA (ECSTASY)

MDMA (Ecstasy), a synthetic drug with both psychedelic and stimulant effects, is typically consumed orally in pill form. Although MDMA is predominantly known as a club drug due to the prevalence of its use at nightclubs and parties called raves, it is also being used increasingly in other settings, such as college dorms.

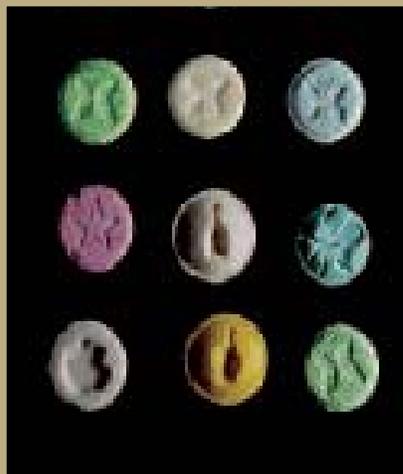
The effects of MDMA last between four and six hours and can include: confusion, depression, anxiety, sleeplessness, and paranoia. Physical effects of MDMA include muscle tension, involuntary teeth clenching (which is why some users suck on pacifiers), nausea, blurred vision, feeling of faintness, tremors, rapid eye movement, and sweating or chills. Rave attendees who use MDMA also risk dehydration, hyperthermia, and heart or kidney failure. MDMA use also damages parts of the brain that are critical to thought and memory.

### Street names

Adam, Beans, E, Hug drug, Love drug, M, Rolling, X, XTC

### College use

Nearly 13 percent (12.7 percent) of U.S. college students surveyed in 2002 as part of the Monitoring the Future Study reported using MDMA at least once during their lifetimes. (A decade earlier, only 3 percent of college students reported lifetime MDMA use.) Approximately 7 percent (6.8 percent) of college students used MDMA in the year before being surveyed, and 0.7 percent used the drug within the past month.



MDMA tablets (above) come in hundreds of colors, sizes, and imprints. Popular items among those who use the drug include mouth guards, baby pacifiers, and light sticks, such as those below. Vapor rub smeared inside a dust mask is said to intensify the MDMA experience.





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*GHB is sometimes sold as a white powder (above), which dissolves invisibly when stirred into a drink. Rohypnol (shown below in front-and-back photos of foil packaging) is available legally by prescription in Mexico. Most of the Rohypnol on the U.S. market is smuggled from Mexico or Colombia.*



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# GHB AND ROHYPNOL ("DATE RAPE" DRUGS)

The club drugs gamma hydroxybutyrate (GHB) and flunitrazepam (Rohypnol) are both central nervous system depressants that are sometimes used in the commission of drug-facilitated rapes and sexual assaults.

GHB is typically ingested orally. It can be purchased in liquid form or as a powder that easily dissolves in liquids. The drug is tasteless, odorless, often clear, and is usually undetectable when mixed in a drink.

Rohypnol can be ingested orally, snorted, or injected. This drug is also tasteless and odorless, and until recently it dissolved invisibly in liquids. Newer formulations contain a dye that makes the drug visible if slipped into a drink.

The effects of both substances, which usually begin within 15 minutes of ingestion, include muscle relaxation, decreased blood pressure, lessening/loss of motor coordination, loss of consciousness, and amnesia.

## Street names

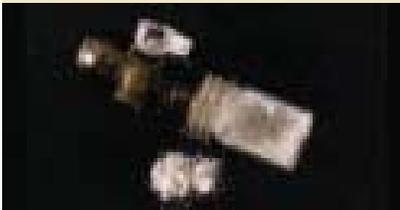
GHB: G, Georgia home boy, Grievous bodily harm, Liquid ecstasy

Rohypnol: Forget pill, La Rocha, R-2, Rib, Roaches, Roofenol, Roofies, Rope, Rophies, Ruffies,



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*Meth is often packaged in small plastic bags (above) or glass vials like this meth "bullet" (below), which dispenses the powder in metered doses. Users smoke the drug in a pipe or just about anything else that does the job, including an ordinary light bulb with the base and filament removed (bottom).*



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# METHAMPHETAMINE

Methamphetamine is a highly addictive central nervous system stimulant that can be injected, snorted, smoked, or ingested orally. It is available in different forms and can be identified by color, which ranges from white or yellow to darker colors, such as red or brown. Methamphetamine comes in a powder form resembling granulated crystals and in a rock form known as ice.

When the drug is administered, users initially feel an intense rush. Some of the effects of methamphetamine use include aggression, anxiety, confusion, insomnia, hallucinations, mood disturbances, delusions, paranoia, and brain damage. The brain damage sometimes caused by meth is detectable months after the drug's use and is similar to the damage caused by Alzheimer's, stroke, and epilepsy.

## Street names

Chalk, Crank, Croak, Crypto, Crystal, Fire, Glass, Meth, Speed, White cross

## College use

Five percent of college students surveyed in 2002 as part of the Monitoring the Future Study reported using methamphetamine at least once during their lifetimes. More than 1 percent (1.2 percent) reported using methamphetamine in the year prior to being surveyed, and 0.2 percent used methamphetamine in the month before being surveyed.



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# COCAINE

Cocaine is a highly addictive central nervous system stimulant that can be snorted, smoked, or injected. Cocaine comes in two forms: a white crystalline powder and an off-white chunky material (crack).

Physical effects of cocaine use include constricted blood vessels and increased temperature, heart rate, and blood pressure. Users may also experience feelings of restlessness, irritability, and anxiety. Users who smoke the drug also may suffer from acute respiratory problems, including coughing, shortness of breath, and severe chest pains with lung trauma and bleeding.

## Street names

Big C, Blow, Coke, Flake, Freebase, Lady, Nose candy, Rock, Snow, White powder

## College use

Among U.S. college students surveyed in 2002 as part of the Monitoring the Future Study, 8.2 percent reported they have used cocaine during their lifetimes, 4.8 percent reported past-year cocaine use, and 1.6 percent reported past-month cocaine use.



*Cocaine paraphernalia (above) includes materials for "washing" the powder and cutting it for snorting. A gram of coke (below) yields about 20 snorting lines.*



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# HEROIN

Heroin, a highly addictive drug, is the most common and most rapidly acting of the opiates. It can be injected, smoked, or snorted. Pure heroin, which is rarely seen on the street, is a white powder with a bitter taste.

Most of the heroin found on the street is in powder form and varies in color from white to dark brown. Another form of the drug, "black tar" heroin, can be sticky like roofing tar or hard like coal, and its color varies from dark brown to black.

The short-term effects of heroin occur soon after the drug is ingested and include dry mouth, heavy extremities, a flushing of the skin, and an alternately wakeful/drowsy state. Additional long-term effects include collapsed veins, respiratory failure, impaired mental functioning, pneumonia, and overdose.

## Street names

Big H, Black tar, Brown sugar, Horse, Junk, Mud, Skag, Smack

## College use

Among U.S. college students surveyed in 2002 as part of the Monitoring the Future Study, 1.0 percent reported lifetime heroin use, and 0.1 percent reported past-year heroin use.



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*Heroin is sometimes sold in gelatin capsules (above), which prevent spillage and allow easy visual examination. The photo below shows paraphernalia used for injecting heroin, including a tourniquet, hypodermic needles, and a spoon for "cooking" the drug.*



# KETAMINE

The abuse of ketamine, a tranquilizer most often used on animals, became popular in the 1980s when it was realized that large doses cause reactions similar to those associated with the use of PCP, such as dream-like states and hallucinations.

The liquid form of ketamine can be injected, consumed in drinks, or added to smokable materials. The powder form can also be added to drinks, smoked, or dissolved and then injected. In some cases, ketamine is injected intramuscularly.

## Street names

Cat valium, Ket, Kit kat, Purple, Special K, Vitamin K



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*Ketamine is available as a liquid for veterinary use as well as for human use. The liquid may vary in color from clear to yellow.*